



# Policy Document Illness and Exclusion Policy for Little Stars Day Nursery.

## Change Control

<b>Version:</b>	V1
<b>New or Replacement:</b>	Replacement
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## Revision History

<b>Version</b>	<b>Type</b>	<b>Date</b>	<b>History</b>
V1	New	October 2015	New
V 1.1		October 2016	Reviewed
V 1.2		July 2017	Updated
V 1.3		July 2018	Reviewed
V 1.4		June 2019	Reviewed
V 1.5		December 2019	Updated
V 1.6		September 2020	Reviewed
V 1.7		November 2021	Updated
V 1.8		October 2023	Updated
V 1.9		January 2024	Updated
V 1.10		April 2026	Annual Review

Little Stars Day Nursery aims to promote a healthy environment for the children in our care and we need and appreciate your co-operation to support this.

- If parents/carers notice their child becoming ill or infectious they must inform the setting and they must have regard to the exclusion list below. We also need to be informed if your child is unwell for attendance /safeguarding purposes.
- If a child becomes ill or infectious at the setting and we feel the child needs to go home, we will contact you straight away to collect your child.
- Babies /children who have had 2 loose nappies/stools at nursery will be sent home to minimise the risk of infections. To assess the consistency of the stool we are using the Bristol stool chart which enables us to categorize this. If stools are presenting as a 6/7 this is classed as diarrhoea and you will be asked to collect your child and keep off for 48 hours or the last bout of diarrhoea. Please see appendix 1.
- Children will be sent home if they have a vomiting episode at nursery to minimise the risk of infection. We will ask that you keep off for 48 hours or the last bout of sickness.
- Every effort will be made to contact the parents/carers. It is essential therefore that the setting has up to date information in order to be able to contact the parents/carers during settings hours. If the parent/carer cannot be contacted, setting staff will endeavour to contact the other named contacts on the child's record.
- Our staff will adhere to this policy in relation to having to send children home and exclusion periods.
- If the setting is unable to contact a parent/carer or other named contact, Little Stars Day Nursery reserves the right to take the child to hospital in an emergency. Parents/carers will be required to give signed consent for this procedure on registering their child at the setting.
- **Please note that all sickness absences are payable in full as per our payment policy.**

### Infectious Childhood Illnesses.

Illness	Incubation period / nursery exclusion period	Symptoms & Care
<b>Temperature</b>	If sent home ill, child must be off for 24 hours.	<a href="https://www.nhs.uk">High temperature (fever) in children - NHS (www.nhs.uk)</a>
<b>Conjunctivitis</b>	12 hours from starting drops.	<a href="https://www.nhs.uk">Conjunctivitis - NHS (www.nhs.uk)</a>
<b>Chickenpox</b>	5 days from the onset of rash and once spots are dried and are starting to heal.	<a href="https://www.nhs.uk">Chickenpox - NHS (www.nhs.uk)</a>
<b>Croup</b>	48 hours	<a href="https://www.nhs.uk">Croup - NHS (www.nhs.uk)</a>
<b>Respiratory infections including coronavirus (COVID-19)</b>	<p>Individuals should not attend if they have a high temperature and are unwell.</p> <p>Individuals who have a positive test result for COVID-19 should not attend the setting for 3 days after the day of the test.</p>	<p><a href="https://www.nhs.uk">Respiratory tract infections (RTIs) - NHS (www.nhs.uk)</a></p> <p><a href="https://www.gov.uk">Children and young people settings: tools and resources - GOV.UK (www.gov.uk)</a></p>

<b>Diphtheria</b>	Exclusion essential.  Consult your local HPT(Health Protection Team)	<a href="http://www.nhs.uk">Diphtheria - NHS (www.nhs.uk)</a>
<b>Diarrhoea/ vomiting  Rotavirus</b>	48 hours from last episode of diarrhoea/vomiting	<a href="http://www.nhs.uk">Diarrhoea and vomiting - NHS (www.nhs.uk)</a>  <a href="#">Gastroenteritis   NHS inform</a>
<b>Ear infections</b>	2-7 days  (extended if ear still weeping)	<a href="http://www.nhs.uk">Ear infections - NHS (www.nhs.uk)</a>
<b>Gastro-enteritis</b>	2-14 days	<a href="#">Gastroenteritis   NHS inform</a>
<b>German Measles(Rubella)</b>	5 days from onset of rash	<a href="http://www.nhs.uk">Rubella (german measles) - NHS (www.nhs.uk)</a>
<b>Hand, foot &amp; mouth</b>	Children cannot attend until blisters are dried and healed.	<a href="http://www.nhs.uk">Hand, foot and mouth disease - NHS (www.nhs.uk)</a>

<b>Head lice</b>	None	<a href="http://www.nhs.uk">Head lice and nits - NHS (www.nhs.uk)</a>
<b>Impetigo</b>	Until the skin is healed.	<a href="http://www.nhs.uk">Impetigo - NHS (www.nhs.uk)</a>

<b>Measles</b>	4 days from onset of rash		<a href="http://www.nhs.uk">Measles - NHS (www.nhs.uk)</a>
<b>Meningitis</b> <b>Meningococcal/</b> <b>Septicaemia</b> <b>Meningitis due to bacteria</b> <b>Meningitis Viral</b>	Until recovered		<a href="http://www.nhs.uk">Meningitis - NHS (www.nhs.uk)</a>
<b>Mumps</b>	Exclude child for 5 days from onset of swelling		<a href="http://www.nhs.uk">Mumps - NHS (www.nhs.uk)</a>
<b>Scarlet fever</b>	2-6 days		<a href="http://www.nhs.uk">Scarlet fever - NHS (www.nhs.uk)</a>
<b>Thrush</b>	Exclusion not usually required however is dependent on each child's symptoms		<a href="http://www.nhs.uk">Oral thrush (mouth thrush) - NHS (www.nhs.uk)</a>
<b>Whooping cough</b>	5 days from starting antibiotic treatment or 3 weeks if no antibiotic treatment.		<a href="http://www.nhs.uk">Whooping cough - NHS (www.nhs.uk)</a>
<b>Cold sores (Herps simplex)</b>	none		<a href="http://www.nhs.uk">Cold sores - NHS (www.nhs.uk)</a>
<b>Ringworm</b>	Exclusion not usually required		<a href="http://www.nhs.uk">Ringworm - NHS (www.nhs.uk)</a>
<b>Slapped cheek (fifth disease or parvovirus B19)</b>	Exclude only if rash is weeping and cannot be covered		<a href="http://www.nhs.uk">Slapped cheek syndrome - NHS (www.nhs.uk)</a>

<b>Roseola (infantum)</b>	none		<a href="http://www.nhs.uk">Roseola - NHS (www.nhs.uk)</a>
<b>Tonsillitis</b>	None		<a href="http://www.nhs.uk">Tonsillitis - NHS (www.nhs.uk)</a>

### **Antibiotics:**

Please note that if antibiotics are prescribed the nursery requires children to have 48hours off nursery, this is due to the following reasons:

- The child may be allergic to the antibiotics they have been prescribed. Allergies do not always present themselves until they have had 2 or 3 doses of the medicine. In some cases allergies may not present themselves until the child has had multiple courses of the same medicine.
- If the child has been prescribed antibiotics this would generally suggest that the child isn't well enough to be at nursery and therefore would be required to stay at home until they are well enough to return.

### **Contacts:**

Please note the information in the table above could vary due to each individual child. If you are ever concerned about your child's health, phone your family Doctor, or the NHS Direct as these will be able to advise you further:

- **NHS DIRECT** - [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk) (Available 24 hours)
- **999 for emergencies**
- **111 for all non emergency**

### **Notifying others:**

If a child contracts any of the above infectious diseases, other parents will be informed by text and or tapestry, children will not be identified within this information.

If we have reason to believe that any child is suffering from a notifiable disease identified as such in the Public Health (Infection Diseases) Regulations 1988, we will inform the Health Protection Agency and Ofsted as a reportable incident.








We will act on any advice given by the Health Protection Agency and inform Ofsted of any action taken. The Health Protection Agency's list of notifiable diseases can be found at [www.hpa.org.uk](http://www.hpa.org.uk) is displayed on our parent's notice board.

Please also see 'Children and young people settings link for further advice and support: [Children and young people settings: tools and resources - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

Further guidance on infection control in schools and childcare settings can also be found at [www.hpa.org.uk](http://www.hpa.org.uk)

THE BRISTOL STOOL FORM SCALE (for children)  
**choose your**

# POO!

type <b>1</b>		looks like: <b>rabbit droppings</b> Separate hard lumps, like nuts (hard to pass)
type <b>2</b>		looks like: <b>bunch of grapes</b> Sausage-shaped but lumpy
type <b>3</b>		looks like: <b>corn on cob</b> Like a sausage but with cracks on its surface
type <b>4</b>		looks like: <b>sausage</b> Like a sausage or snake, smooth and soft
type <b>5</b>		looks like: <b>chicken nuggets</b> Soft blobs with clear-cut edges (passed easily)
type <b>6</b>		looks like: <b>porridge</b> Fluffy pieces with ragged edges, a mushy stool
type <b>7</b>		looks like: <b>gravy</b> Watery, no solid pieces ENTIRELY LIQUID

Concept by Professor DGA Candy and Emma Dwyer  
 based on the Bristol Stool Form Scale produced  
 by Dr RW Heaton, Professor in Medicine at the  
 University of Bristol  
 ©2000 Produced by Hagers Pharmaceuticals  
 Limited, manufacturer of Movicol Paediatric Plain

**MOVICOL<sup>®</sup> Paediatric**  
 macrogol 3350, sodium bicarbonate, sodium chloride, potassium chloride **Plain**