

Little Stars Menu Week 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Lincs sausage (df)	Beef Lasagne (gf)	Roast pork,Stuffing(DF)	Vegetable Quiche	Sausage Roll
	Mashed Potatoes	1/2 jacket pot	Roast pots, carrots	New Potatoes,	chips
	Broccoli, Gravy	Sweetcorn	Gravy	Cucumber sticks	baked beans
Vegetarian Option	Vegetarian Sausage, (GF,DF)	Vegetable Lasagne (GF/DF)	Quorn fillet(GF/DF)	Falafel Balls(V,VG,LF,DF)	vegan sausage roll(Df)
	Mashed potato	1/2 Jacket pot	Roast Pots,carrots	New Potatoes	chips
	Broccoli, Gravy	Sweetcorn	Gravy	Cucumber sticks	baked beans
Desert Options	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail
	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)
	Yogurt(V/GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)
	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)

Little Stars Menu Week 2

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken pasta bake(GF/DF)	Sausage and Bean Hotpot(DF)	Roast Turkey, stuffing(D/F)	Chilli con carne(GF/DF)	Fishcake(DF)
	side salad	Freshly baked bread	Roast potatoes	Rice	Potato smiles
			Green Beans & Gravy	Peas/sweetcorn	Garden Peas
Vegetarian Option	Veggie Pasta Bake (GF/DF/V/VG)	Vegetable Hotpot(D/F)	Quorn fillet (DF)	Vegetable Chilli(GF/DF)	Fishless Fingers(DF/V/VG)
	side salad	Freshly Baked bread	Roast potatoes	Rice	potato smiles
			Green Beans & Gravy	Peas/Sweetcorn	Garden peas
Desert Options	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail
	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)
	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)
	Vanilla Ice Cream(V,GF)	Vanilla Ice Cream(V,GF)	Vanilla Ice Cream(V,GF)	Vanilla Ice Cream(V,GF)	Vanilla Ice Cream(V,GF)
	Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vegan Vanilla Ice Cream (V,VG,GF,LF)

Little Stars Menu Week 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken wraps (H/LF)	Meatballs in tom/basil sauce(GF/DF)	Home cooked Gammon	Chicken Korma((GF)	Chicken Nuggets((H)
	Potato Wedges	Pasta	Mashed potato,carrots	rice	Chips
	Salad	Sweetcorn	and Gravy	Peas	Baked beans
Vegetarian Option	Quorn Wraps(VG,V,DF)	Vegan meatballs in tom/basil sauce(GF	Vegan sausage(DF/V/VG)	Vegetable Korma((GF/DF/V)	Vegan Nuggets(DF/V/VG)
	Potato Wedges	Pasta	mashed potato, carrots	rice	Chips
	Salad	Sweetcorn	and Gravy	Peas	Baked beans
Desert Options	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail
	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)
	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)
	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)

Little Stars Menu Week 4

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Bolognaise(DF/GF)	Battered Fish (DF)	Pork casserole/dumplings(DF)	Mexican Lasagne	Hot Dog in a Bun
	Spaghetti	New Potatoes	Mashed potatoes	1/2 Jacket pot	Potato Wedges
	Sweetcorn	Broccoli	Cauliflower	Peas	Carrot Sticks
Vegetarian Option	Vegetable Bologanise(DF/V)	Vegan Strips(H/V/VG)	Veggie Casserole/dumplings(DF/V)	Vegetable Lasagne(GF/DF)	Vegan Sausage in a bun
	Spaghetti(GF)	New potatoes	Mashed Potato	1/2 jacket pot	Potato wedges
	Sweetcorn	Broccoli	Cauliflower	Peas	Carrot sticks
Desert Options	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail	Fresh Fruit/Fruit cocktail
	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)	Jelly (V, VE)
	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)	Yoghurt (V,GF)
	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)	Vanilla Ice Cream(V,GF) Vegan Vanilla Ice Cream (V,VG,GF,LF)