

NOVEMBER 2023 - MARCH 2024

	Morning	Afternoon
Monday	<p>Midwifery Antenatal Clinic * 9:00am-12:00pm</p> <p>Gardening Group (2-5 years) 10:00am-1.00pm Growing activities – Book via VANEL 07742274669</p> <p>ASQ Health Development Checks* 9:00am-1.00pm</p>	<p>Midwifery Antenatal Clinic * 1:00pm-4:30pm</p> <p>Speech and Language Group* by Health Visiting* 1.00pm – 3.00pm</p> 
Tuesday	<p>Midwifery Antenatal Clinic * 9:00am- 12:00pm</p> <p>Buggy Babies (0- 10 months) with Climb4 – 9:15am-10:15am <i>Fun session to connect with your baby.</i></p> <p>PEEPS Play (2-4 years) with Climb4- 10:30am-11:30am <i>Interactive play to encourage your child's development and learn fun ways to use ready-made resources</i></p>	<p>Baby massage 12noon – 1.00pm</p> <p>Stay & Play Rhyme Time (1– 5 years) 1:30pm-3.00pm <i>A fun session to meet other families and support your child's social development</i></p> <p>Midwifery Antenatal Clinic *1:00pm-4:30pm</p>
Wednesday	<p>Midwifery Antenatal Clinic * 9:00am- 12</p> <p>Firming Foundations 10.30-12noon</p> <p>Worried about your child's behaviour in any way? Pop in for an appointment to discuss and gain some support</p> <p>Solihull Parenting* 0-2 starting 31 January 2024 10.30am -12.30pm Book a place to learn and understand the impact of your relationship with your child during the most important first two years of their lives.</p> <p>Tea and Toast drop in –10.30- 12 noon</p>	<p>Learning Through Play (0–5 years) 1.00pm-2.30pm <i>Discover fun activities to support all areas of your child's development and learning</i></p>  <p>Midwifery Antenatal Clinic* 1:00pm-4:30pm</p>
Thursday	<p>ASQ Health Development Checks* 9:00am-11.00pm</p> <p>Drop in Support Group to include weight and height measures, and a chance to discuss health or behaviour concerns (0-2 years) 9.00am – 11.00am,</p>	<p>Midwifery Antenatal Clinic * 1:00pm-4:30pm</p> <p>Tea and Toast 11.30pm – 12.30pm <i>Come along and have a chat and gain Support if needed.)</i></p> <p>Baby Rhyme Time (0–9 months) 1.30-3.00pm</p> <p>Solihull Parenting* – AnteNatal- starting 18 January 1.00pm -3.00pm Book a place to help you understand pregnancy, labour, birth and baby – and the development of your relationship from the earliest start</p> 
Friday	<p>Midwifery Antenatal Clinic* 9:00am-12:00pm</p> <p>ASQ Health Development Checks* 9:00am-12:00pm</p>	<p>Midwifery Antenatal Clinic* 1:00pm-4:30pm</p> <p>ASQ Health Development Checks * 12:30pm-4:00pm</p>

*All sessions marked with a * are by appointment only. Email below to enquire or book places where *

Family Hub Opening Hours: Monday-Friday 8:30am-4:30pm

Reynolds Family Hu

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Cleethorpes

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