

Personal, Social & Emotional Development

Making Relationships

1. The environment will be welcoming, calm and caring and the day will be predictable enough to give us the sense of security we need but flexible to meet our individual care routines to enable us to enjoy the company of our key person and friends.
2. We will show our readiness to be social through using our sensory abilities by following movement and gazing at faces intently as well as responding to what our key person is paying attention to. We will begin to share interest and attention by looking where an adult is looking.
3. We will watch, follow and imitate each other in play and will start to build relationships with special people and explore our environment but will be wary of unfamiliar people and will want to stay close to our caregivers.
4. We will begin to be interested in others play and start to play together.
5. We will begin to have my own ideas and preferences and take notice of other people's responses.

Sense of self

1. We will have lots of physical interaction with our key person to enable us to become aware of ourselves and eventually have increased awareness of our own name and finding body parts such as; eyes, nose or tummy.

Communication and Language Development

Listening and attention

1. Our key person will use lots of eye contact and touch as well as saying our name to gain our attention to enable us to react in interaction with others.
2. We will listen to, distinguish and respond to intonations and sounds of voices.
3. We will concentrate intently on an object or activity of our own choosing for short periods.
4. We will listen to familiar sounds, words or finger plays.
5. As part of our daily routine we will be provided with music and rhymes to move our bodies and dance to.
6. We will begin to spend lots of time singing songs and trying to join in with actions or vocalisations.
7. We will enjoy laughing and being playful with my friends.
8. We will begin to listen with interest to noises adults make when they read.

Understanding

1. We will turn to my own name.
 2. Our key person will talk to us about what they are doing so we start to understand familiar gestures, words and sounds and develop the ability to follow others body language.
 3. We will start to understand some words in context to enable us to begin to respond to simple questions and understand simple sentences.
 4. We will select familiar objects by name and find objects when asked or identify objects from a group.
1. As we get older we will be able to identify action words and follow simple instructions.

Physical Development

Moving and Handling

1. We will move my arms and legs and gradually become more controlled at this and begin to do these movements together.
2. We will follow and track a sound or moving object moving my head and eyes.
3. We will have well planned spaces indoor and out to enable us to roll, stretch and move.
4. We will reach out, touch and begin to hold objects later developing into releasing grasp.
5. We will begin to pick up objects in palmar grip to manipulate them.
6. Our Key Person will make sensory experiences available to us to show us different ways of making marks.
7. We will explore objects with my mouth, often picking objects up and holding them to my mouth for my lips and tongue to explore.
8. We will belly crawl and this will begin to move into crawling on my hands and knees.
9. We will sit unsupported on the floor and in time begin to pull myself to standing and cruise around furniture to enable me to walk independently. As I grow up I will be able to walk with a purpose stopping, starting and changing direction and also be able to walk up the stairs.
10. My hands will start to operate independently during a task that uses both with each hand doing something different at the same time. We will also begin to make connections between our movement and the marks we make.
11. We will push, pull. Lift and carry objects moving them around and placing with intent.
12. We will show interest, dance and sing to music rhymes and songs, imitating moves of others.

A copy of this plan is available at:

[Little Stars Day Nursery | An Award Winning Childcare Nursery \(gifhlittlestars.co.uk\)](http://www.gifhlittlestars.co.uk)

[Little Stars Day Nursery - Tapestry \(tapestryjournal.com\)](http://www.tapestryjournal.com)

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2. My sense of self will grow and I will start to make choices and decisions as well as emphasise my likes and dislikes.
3. We will show emerging independence through asserting choices and preferences such as different tastes and I will reject things I don't want.
4. We will show growing self-confidence through playing freely with involvement.
5. We will be aware and interests in my own and others' physical characteristics, pointing to and naming features such as noses, hair and eyes.
6. I will begin to learn that different actions have consequences.

Understanding emotions

1. We will communicate a range of emotions and begin to become aware of them through my key person responding to these appropriately.
2. We will seek physical and emotional comfort by snuggling in to trusted adults.
3. We will become more able to adapt my behaviour and increase my participation and cooperation as I become familiar with and anticipate routine.
4. We will explore boundaries and become aware of basic rules.
5. We will become aware of other's feelings and begin to show empathy and start to share with my peers and as I get older I will show concerns and offer comfort.

Communication and Language Development

Speaking

1. We will communicate my needs and feelings in a variety of ways including crying, gurgling, babbling and squealing.
2. We will make my own sounds in response to a familiar adult talking to me.
3. Our key person will copy our babbling and sounds in turn-taking interaction to encourage us to develop speech sounds.
4. We will use our eye gaze, fingers and hands to make our requests and interests known.
5. We will begin to use sounds in play.
6. We will begin to create personal words as I develop my language.
7. We will begin to imitate words and sounds using different types of everyday words.
8. We will begin to put two words together and as I get older use longer sentences.
9. We will begin to talk about people and things that are not present.

Physical Development

Health and Self-Care

1. My key person will work alongside my parent/carer to ensure health/care routines are followed as best as possible while I'm at nursery including, sleeping, eating and oral health.
2. We will grasp finger foods and bring them to my mouth
3. We will open my mouth for a spoon and eventually share control of a spoon/bottle or cup.
4. We will anticipate food routines with interest.
5. We will respond well to sensitive and physical contact from our key worker meeting our care needs which will enable us to express discomfort, hunger or distress.
6. We will be able to actively cooperate with nappy changing and dressing/undressing myself.
7. We will have the space and opportunity to be highly physically active in short bursts throughout the day indoor or outdoor as well as the areas to rest when I need to.
8. We will be interested in making and exploring sounds with objects and as I get older I will intentionally make sounds with objects and actively respond to music and singing with whole body dancing.
9. We will develop my own likes and dislikes with food and drink and will be willing to try new food textures and tastes.
10. We will communicate when I have a wet or soiled nappy or pants.
11. We will help with dressing and undressing and care routines.
12. We will feed myself with increasing need to be in control and hold my cup with both hands drinking without much spilling.

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